

Week 1
*** Vegetarian Option**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast, Cereal and Milk to drink				
A	Weaning Stage 1 6 – 8 Months (Puree)				
Lunch	Cauliflower and Broccoli Fruit Puree	Potato and Courgette Fruit Puree	Sweet Potato Fruit Puree	Parsnip and Pea Fruit Puree	Butternut Squash Fruit Puree
Tea	Butternut Squash Fruit Puree	Swede And Carrot Fruit Puree	Broccoli and Potato Fruit Puree	Courgette and Swede Fruit Puree	Sweet Potato and Pea Fruit Puree
B	Weaning Stage 2 8 -12 Months (Semi Puree / Chopped)				
Lunch	Chicken & Vegetable Casserole Fruit Cocktail (check)	Gammon Ham with potatoes, carrots and parsley sauce Jelly & Cream	Turkey Mince Bolognaise with pasta twists, grated cheese Yoghurt	Sweet & Sour Chicken with vegetable rice Angel Delight	Lentil & Vegetable Cottage Pie Ice Cream
Tea	Butternut Squash with cheese Angel Delight	Swede, carrot and potato Banana Puree	Broccoli, potato and chicken Fruit Puree	Swede, courgette and Quorn Fruit Puree	Sweet potato, broccoli and cheese Yoghurt
C	Nursery * Vegetarian Option				
Lunch	Chicken & Vegetable Casserole with cubed potatoes, peas & sweetcorn Fruit Cocktail	Gammon Ham with potatoes, carrots and parsley sauce Jelly & Cream	Turkey Mince Bolognaise with pasta twists, grated cheese Yoghurt	Sweet & Sour Chicken with vegetable rice Angel Delight	Lentil & Vegetable Cottage Pie Ice Cream
Tea	Cheese & Tomato Pizza with salad Chocolate Crispy Cakes	Sausage or cheese rolls with spaghetti hoops Fresh Fruit	Jacket Potato with baked beans and cheese (only once per week) Flapack	Cheese and cucumber wraps with peppers (wholemeal) Chocolate Brownie	Ham and Potato Twisters Melon & Apple Wedges

Week 2
*** Vegetarian Option**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast, Cereal and Milk to drink				
A	Weaning Stage 1 6 – 8 Months (Puree)				
Lunch	Broccoli and butternut squash Fruit Puree	Parsnip and Pea Fruit Puree	Cauliflower and broccoli Fruit Puree	Carrots and Swede Fruit Puree	Courgette and cauliflower Fruit Puree
Tea	Cauliflower and potato Fruit Puree	Potato and spinach Fruit Puree	Courgette and carrot Fruit Puree	Sweet potato & green beans Fruit Puree	Butternut squash Fruit Puree
B	Weaning Stage 2 8 -12 Months (Semi Puree / Chopped)				
Lunch	Singapore Chicken Noodles Peaches & Cream	Lentils, Vegetables and Potatoes, with parsley sauce Yoghurt	Cheese & Tomato Lasagne with peas Jelly	Vegetable Chilli con Carne with brown rice (Brown) Bananas and Custard	Chicken, cube potatoes and mixed veg Fruit Cocktail & Ice Cream
Tea	Cauliflower, potato and cheese Banana Puree	Baked Beans and potato (only once per week) Fruit Puree	Courgette, carrot and chicken Fruit Puree	Quorn pieces, Broccoli and sweet potato Fruit Yoghurt	Butternut squash With cheese Fruit Puree

C	Nursery * Vegetarian Option				
Lunch	Singapore Chicken noodles Peaches & Cream	Fish fingers Potatoes, Mixed vegetables & parsley sauce Yoghurt	Cheese and Tomato Lasagne with peas Jelly	Vegetable Chilli Con Carne With brown rice Bananas and Custard	Chicken, cube potatoes and mixed veg Fruit cocktail and ice cream
Tea	Chicken, and /or cheese & cucumber Sandwiches (Wholemeal) with potato wedges. Cookies	Sausage / Cheese Rolls with Baked Beans Fruit	Crackers and cheese with apple sticks Pancakes	Chicken Goujons with salad and bread & butter Yoghurt	Tomato Pasta with vegetables & Garlic bread Plain Muffins

Week 3

*** Vegetarian Option**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast, Cereal and Milk to drink				

A Weaning Stage 1 6 – 8 Months (Puree)

Lunch	Sweet Potato & Broccoli Fruit Puree	Cauliflower and Peas Yoghurt	Carrot and Swede Fruit Puree	Parsnip and Courgette Fruit Puree	Potato and Carrots Fruit Puree
Tea	Potato & Swede Fruit Puree	Butternut Squash Fruit Puree	Cauliflower and Broccoli Fruit Puree	Sweet Potato & Green Beans Fruit Puree	Swede and Parsnip Fruit Puree

B Weaning Stage 2 8 -12 Months (Semi Puree / Chopped)

Lunch	Mild Chicken Curry with brown rice Fruit Cocktail (Check)	Meat Balls in tomato sauce with spaghetti Yoghurt	Lamb Cottage Pie with carrots Angel Delight	Chicken Pasta bake with sweetcorn Cake and custard	Fish cakes, potatoes, mixed veg & parsley sauce. Ice Cream
Tea	Quorn mince, potatoes and swede. Fruit Puree	Butternut squash and cheese Fruit Puree	Chicken, cauliflower and broccoli Fruit Puree	Quorn, broccoli and sweet Potato Fruit Puree	Potato, parsnip and swede Fruit Puree

C Nursery

*** Vegetarian Option**

Lunch	Mild Chicken Curry with ½ brown, ½ white rice and Naan bread. Peaches & Cream	Meat Balls in tomato sauce with spaghetti Yoghurt	Lamb cottage Pie With Carrots Angel Delight	Chicken Pasta bake with sweet corn. Cake & Custard	Fishcake, potatoes, mixed veg & Parsley sauce. Ice Cream
Tea	Ham and cheese with potato waffles Chocolate Brownie	Cheese & Tomato Pizza with Salad Shortbread	Savoury Rice with veg and chicken Flapjack	Jacket Potato with baked beans & grated cheese (Only once per week) Peaches (Check)	Cheese or Sausage roll with spaghetti hoops Fresh fruit

Week 4
*** Vegetarian Option**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast, Cereal and Milk to drink				

A Weaning Stage 1 6 – 8 Months (Puree)

Lunch	Parsnip and potato Fruit Puree	Sweet Potato and Broccoli Yoghurt	Parsnip and courgette Fruit Puree	Broccoli and swede Fruit Puree	Cauliflower and Peas Fruit Puree
Tea	Cauliflower & Carrot Fruit Puree	Swede and courgette Fruit Puree	Cauliflower and swede Fruit Puree	Potato, and carrot Fruit Puree	Butternut Squash Fromage frais

B Weaning Stage 2 8 -12 Months (Semi Puree / Chopped)

Lunch	Chicken Casserole with Rice Rice Pudding ??	Gammon Ham with mash potato, parsley sauce and carrots Yoghurt	Lamb Spaghetti Bolognaise Banana Puree & Cream	Chicken Singapore noodles Sponge & Custard	Fish fingers , cheesy mash and baked beans Only once per week) Ice Cream
Tea	Carrot, Potato & Cauliflower Fruit Puree	Chicken, swede and courgette Fruit Puree	Quorn, Swede & cauliflower Fruit Puree	Mashed Potato, baked beans & cheese Fruit Puree	Broccoli & sweet potato with cheese Fromage Frais

C Nursery
*** Vegetarian Option**

Lunch	Chicken Casserole with brown rice Rice Pudding ??	Gammon Ham with mash potato, parsley sauce & carrots . Yoghurt	Lamb Spaghetti Bolognaise Bananas and Cream	Chicken Singapore Noodles Sponge & Custard	Fish fingers , cheesy mash and baked beans Ice Cream
Tea	Fish Fingers with bread and butter (Got fish fingers twice) Chocolate Brownie	Cheese & Cucumber wraps with pepper sticks (wholemeal) Melon and apple wedges	Ham & Potato Waffles with tomatoes and cucumber sticks. Chocolate Crispy cake	Vegetable nuggets with spaghetti hoops Carrot Cake	Mozzarella sticks , with salad dip and bread & butter Fresh Fruit

VEGETARIAN OPTION MENU

Lunch	Quorn pieces & Vegetable Casserole with cubed potatoes, peas & sweetcorn Yoghurt	Quorn vegan fillets with potatoes, carrots and parsley sauce Jelly and Cream	Quorn mince Bolognese with pasta twists & grated cheese Fruit Cocktail (check)	Quorn pieces with sweet and sour sauce with vegetable rice Angel Delight	Lentil & Vegetable Cottage Pie Ice Cream
Tea	Cheese and Tomato Pizza with salad Chocolate Crispy Cakes	Cheese roll with spaghetti hoops Fresh Fruit	Jacket Potato with baked beans & grated cheese (once per week) Flapjack	Cheese & Cucumber wraps with pepper sticks (wholemeal) Chocolate Brownie	Cheese with potato twistlers Melon & Apple Wedges

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Quorn pieces with Singapore style noodles Peaches & Cream	Fish Fingers with New potatoes, mixed veg and parsley sauce Yoghurt	Quorn mince Cheese & Tomato Lasagne with peas Jelly	Vegetable Chilli Con Carne and rice Bananas & Custard	Quorn pieces, cube potatoes and mixed veg Fruit Cocktail & Ice cream
Tea	Cheese & cucumber Sandwiches with potato wedges (wholemeal) Cookies	Baked beans with cheese rolls Fresh Fruit	Crackers and cheese with apple sticks Pancakes	Vegetable Nuggets with salad and Bread & butter Yoghurt	Vegetable Tomato pasta with Garlic bread Muffins

VEGETARIAN OPTION MENU

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Quorn pieces with curry sauce ½ white.1/2 brown rice and naan bread Peaches and Cream	Vegan Meat Balls in tomato sauce with spaghetti Yoghurt	Quorn mince with Cottage with carrots Angel Delight	Quorn pieces with pasta and sweetcorn Cake & Custard	Fish cake , boiled potatoes, mixed vegetables & Parsley sauce Ice Cream
Tea	Cheese, potato waffles and beans (once per week) Chocolate Brownie	Cheese and tomato pizza Shortbread	Quorn with Savoury Rice and vegetables Flapjack	Jacket potato with baked beans (once per week) & grated cheese Peaches	Cheese roll with spaghetti hoops Fresh fruit

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Quorn pieces in a Vegetable Casserole with Rice ?? Rice Pudding	Vegan Ham with mash potato, parsley sauce and carrots Yoghurt	Quorn mince Spaghetti Bolognaise Bananas and Cream	Quorn pieces in a Singapore sauce with noodles Sponge & Custard	Fish fingers with cheesy mash potato and baked beans Ice Cream
Tea	Fish Fingers with bread and butter (Fish fingers twice) (Wholemeal) Chocolate Brownie	Cheese & Cucumber wraps (wholemeal)with pepper sticks Chocolate crispy cake	Potato Waffles with cheese, tomatoes and cucumber sticks Melon and apple wedges	Vegetable nuggets with, spaghetti hoops Carrot Cake	Mozzarella sticks, with salad, dip and bread and butter Fresh Fruit